



Adolescents & Young People's (AYP) Programming



November, 2019
Capability Statement

Who We Are

LVCT Health is a Kenyan organisation improving the lives of Kenyans since 2001. We are driven by our vision, the belief and goal of ending new HIV infections in Kenya, the achievement of the best quality of life for those living with HIV and equitable access to universal health for everyone. We are a leader in HIV prevention and treatment, sexual and reproductive health, gender based violence (GBV) and community health programming.

We enjoy recognition by stakeholders for our innovations, value addition, consistency in delivery of results and improving quality. We work collaboratively with other partners, key institutions including the government, academic institutions, beneficiaries and highly skilled consultants locally & internationally.

Mission

To reduce new HIV infections and increase equitable access to quality health services.

Vision

Empowered Healthy Communities

Our Expertise

	Integrated HIV Service Delivery & Supporting Scale Up		Gender Based Violence Programing
	Operations Research		Capacity Development
	Community Engagement & Demand Creation		Health Systems Strengthening
	Re-granting		Policy Advocacy & Technical Support

Our Approach

A Research-Policy-Practice model underpins all our programmes, facilitating generation and utilization of evidence from research and innovative service delivery models.



Target Populations

Adolescents and young people, People Living with HIV, Key Populations, survivors of gender based violence, other at risk populations

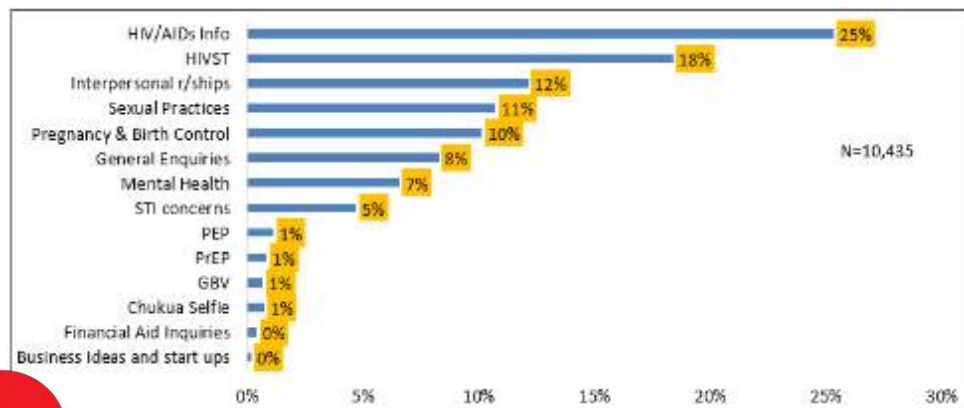




Our Adolescents & Young People Program

LVCT runs the only toll-free hotline targeting the youth in Kenya & East Africa with confidential youthful information and referral on SRH, HIV, GBV, mental health and other health needs. The One2One™ integrated digital platform, has been able to reach more than **6 million** AYP annually through calls, sms and social media engagement (Facebook, Twitter, WhatsApp, Website, and Instagram).

Below is a summary of the issues that adolescents and young people ask when they call the hotline:



Increasing access to SRH/HIV services

LVCT Health provides the following services to AYP through direct service delivery at community level or by building capacity of MOH facilities. The program works with beneficiaries, mentors and peers to deliver the interventions

1. HIV – testing, counseling, prevention services, PrEP, Care and treatment with support groups for ALHIV (Adolescents Living with HIV)
2. SRH – provision of contraceptives, STI management, cervical cancer diagnosis and cryotherapy
3. GBV – prevention and response for sexual, physical and emotional violence
4. Mental health – information, counseling and referral
5. Adolescent Key Populations programming – focus is on providing appropriate HIV prevention and response services for girls exploited through sex work, boys who have sex with men/boys and adolescents who inject drugs

Over 100,000 AYP provided with HTS services every year and those testing positive linked to care. 6500 provided with HIV self-tests. 266 AYP were in care with 82% viral suppression by September 2019



Provision of Structural Interventions

Poverty, dropping out of school and lack of employment affect health outcomes of AYP. Legal restrictions further affect AYP access to HIV and SRH services. LVCT works with the AYP and policy makers to address structural barriers by:

1. Providing education subsidies, sanitary pads, stationery and day care facilities for their children
2. Training on financial capability and linkage to employment opportunities
3. Community gender norms change interventions
4. Parental and caregiver programs to educate parents how to talk to their children about sex, GBV and other sensitive topics
5. Advocating for policy changes for adolescent KP and supporting their implementation

20,000 AGYW have been reached with education subsidies and over 50,000 trained on economic empowerment interventions annually



Capacity Building of AYP

LVCT Health believes in meaningful engagement of beneficiaries for program design and implementation. Strategies include:

1. Training and facilitating AYP as youth advocates for policy change
 - a. Establishment of Youth Advisory Councils for Health (YACH) – **8 counties have taken up this approach with 10 YACH members per county** (Nairobi, Mombasa, Kilifi, Kisumu, Homabay, Siaya, Migori and Kiambu)
 - b. Participation in technical working groups at national and county level
 - c. Training and engagement of AYP as peers for delivery of services – **120 peers have been trained**
2. We utilize an organizational systems strengthening approach to build capacity of AYP organizations to receive and manage grants. **We have applied this model to 5 youth organizations to deliver services in their communities**



Research & Generation of Evidence on AYP

LVCT Health has conducted research on AYP that has informed programs and policy:

1. PrEP Demonstration Project
2. Most at Risk Adolescents (MARA) – Study
3. HIV Self Testing –YES Study
4. Violence Against Children Survey ; VAC response plan development and implementation
5. Shule Salama Study - on school based violence
6. Intimate Partner Violence – Survey
7. GBV service delivery – use of case managers to improve GBV service delivery
8. Evaluation of one2one hotline as an approach to reach AYP with HIV/SRH services.



Policy Support for AYP Programming

1. We have provided technical support to 5 counties to develop multi-sectoral AYP strategies and supported their dissemination and implementation.
2. We provide technical support for adolescent technical working groups in 8 counties.
3. We have provided technical support to the government for development of the following guidelines:
 - a. Most at risk adolescents/Adolescent KP
 - b. HIV testing services guidelines
 - c. Guidelines on conducting research among adolescents
 - d. PrEP guidelines and curricula
 - e. HIV self-testing guidelines
 - f. Community health worker policy and guidelines
 - g. Violence against children training curriculum and facilitators manual (global)
 - h. Guidelines for ensuring quality in call centers in Kenya
4. Support MOH in organizing AYP conferences/symposia in Kenya

Contact us: www.lvcthealth.org | enquiries@lvcthealth.org



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