

LVCT Health Newsletter



Kiambu County launches first MAT clinic for recovering drug addicts

On Friday, 8th February, LVCT Health participated in the groundbreaking ceremony of the first specialty clinic for recovering drug addicts, also known as a Medically Assisted Therapy (MAT) Clinic at the Karuri Level 4 Hospital in Kiambu County.

The event was graced by the Kiambu county governor Ferdinand Waititu and other key stakeholders. The governor pledged to support the project with a van that will offer mobile clinic services for recovering drug addicts across the 12 constituencies in the county.

LVCT Health, through the Daraja project offers a package of harm reduction services, to people who inject drugs in Kiambu County aimed at preventing them from HIV infection.

[Read More](#)

Below are **success stories** of some of our beneficiaries

Michael Muiruri
Athmani Ezzad
Kenneth Kugunda

Discordant couples in HIV

"Discordant couples out there should know that things have been made easier and simpler.

We now provide PrEP to the negative partner and follow up children born of discordant couples. What you need to do is walk into a clinic and take that HIV test. We also have HIV self-testing kits just in case your partner cannot accompany you to the clinic." Justeen Shibuku a clinician at LVCT Health.

Watch a discordant couple share their experience and our expert take on discordance.



INSPIRE- Seven strategies for ending violence against children

INSPIRE is an evidence-based approach to ending violence against children developed by the World Health Organisation (WHO) and other leading agencies. In our determined quest to end Violence Against Children (VAC), LVCT Health has adapted the INSPIRE approach and is working with other stakeholders to adapt the same.

[Read more](#)

Supporting adolescents and young people living with HIV

According to the Kenya AIDS response progress report 2018, Young people (15-24 years) contributed 40% of adult new HIV infections in 2017 and recorded 2,830 HIV related deaths. AIDS remains the leading cause of death and morbidity among adolescents and young people in Kenya. HIV related stigma and discrimination has been identified as an impediment on uptake of HIV services including HIV testing and counselling, care and treatment.

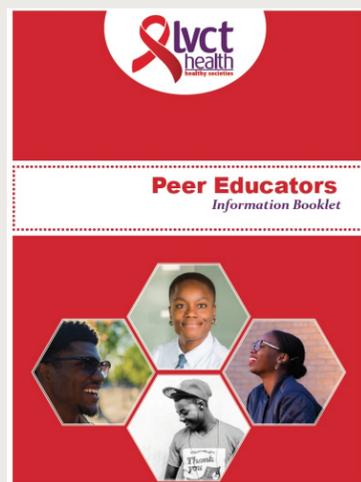
Over the years, LVCT Health has supported over 14,000 AYP living with HIV to adhere to their medication, achieve viral suppression and live positively. Watch this candid discussion as some young people supported by our staff share their experience and achievements.



Peer educators guide book for HIV prevention

Peer educators play a critical role in our HIV prevention work, they work with health care providers to reach populations at high risk with HIV prevention services. They are able to easily reach their peers in the hot spots and convince them to visit health facilities.

To support this important role that the peer educators play LVCT Health has developed a **peer educator's information book** which will act as a guide to peers as they reach out to those populations at risk.



Empowering the marginalized through the ARISE project

"LVCT Health is proud to be a partner in ARISE. Informal urban dwellers make up over 60% of the urban population, yet have limited access to health and other social services. ARISE aligns with LVCT Health's mission of working with vulnerable groups in society for equitable access to health care. We look forward to working with the slum dwellers to generate evidence for equity and accountability." Dr. Lilian Otiso, Director of Programs LVCT Health



[Read more](#)

Conferences

lvct health
Ivory Room

asbc
Africa Social & Behaviour Change Conference

MEANINGFUL ENGAGEMENT
of AYP in policy processes and programs

Safari Park Hotel
11.00 am to 12.30 pm
19th February 2019

- Young people
- Programmers
- Policy makers
- Influencers

“ Practical strategies for meaningful engagement for Adolescents and young people in policy processes and programs ”

LVCT Health participated in the first Africa Social & behaviour change (ASBC) conference in February. The conference theme was *Disruptive SBC strategies for the future of Africa*. At the conference we held a satellite session on how to meaningfully engage adolescent and young people in policy processes and programs.

The session brought together young people and key stakeholders in the health sector. The young advocates were on the last day given a chance to give closing remarks on behalf of other young people in the plenary.

LVCT Health supports young people to participate in programs and policy making processes within the county and national governments.

[Learn more about ASBC conference](#)

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